



The Power of Connection

Transforming the quality of the relationships and partnerships in your life

-developed by More to Life.

Most of us are so busy talking, fixing or doing, we don't take a moment to **connect** with what is going on inside of us. But you may have noticed how quickly things get **clearer** when you do.

Stopping to connect with yourself makes it easier to **know what you want**, and **go about getting it**. And naturally enough, it works with other people when you do it with them.

Connecting is not just a powerful skill. It will help you become a more fulfilled individual, a more caring friend and a more loving partner, as well as a more successful parent, a more productive colleague and a more effective leader.

The techniques you learn in this course will enhance all the relationships and partnerships in your life, for the rest of your life.

Janet Cohen and Randy Partain are thrilled to present the newest More to Life Course: The Power of Connection. Together, Janet and Randy will present the material developed by K. Bradford Brown, Ph.D., and W. Roy Whitten, Ph.D.

**Registration required by
November 1, 2010.**

**Please contact us by
phone or email to
request registration
forms.**

**Proudly Presented
by:**

**Janet Cohen,
Janet Cohen
Consulting, LLC
&**

**Randy Partain,
Envision Coaching
Solutions**

The Power of Connection teaches you to:

- Learn from experiences of the past
- Stop repeating patterns that don't work
- Find your real wants and express them
- Speak so you get heard and listen so others know they have been heard
- Transform differences into possibilities
- Step through inhibitions and fears and help others do the same
- Discover new levels of satisfaction, fulfillment and intimacy in your life

**The Power of
Connection will be
offered in 4-Session
Format this Fall.**

Dates & Times:

Sat., Nov. 6, noon-6 p.m.

Sat., Nov. 13, noon- 6 p.m.

Mon., Nov. 15, 6:30-9:30 p.m.

Thur., Nov. 18, 6:30-9:30 p.m.

Register By:

Monday, November 1, 2010

Cost:

\$275 (includes \$75 deposit
to hold your spot)

Location:

TBA - Galveston County

Contact:

Janet Cohen

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Or

Randy Partain

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Additional Information:

Please mail your check (payable
to Kairos Foundation) to:

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